

# UNIQUE ACADEMY NEWSLETTER 7

#### Nourishing the fitrah of each unique child

18TH OF JUNE 2021 REGISTERED CHARITY NUMBER: 1184741





### COVID-19

We would like to advise parents, that if any pupil has been in close contact with a person who is positive of covid-19, they should not attend school for 10 days and call 111 for further advise.

We shall continue to deep clean all areas of our school including any shared items amongst the children.

We are currently following the government guidelines, continuing to keep our pupils and staff safe.

GROUND FLOOR, KHOSLA HOUSE, PARK LANE, HOUNSLOW, TW5 9WA E: OFFICE@UNIQUEACADEMY.EDUCATION



### **HEALTHY EATING**

We would like to promote more healthy eating within our school, In sha allah.

There are several benefits of healthy eating. Healthy eating impacts on a child's behaviour and way of learning.

Healthy eating stabilises a child's energy, improves minds and prevents various health issues.



### TIME OFF SCHOOL

We have noticed a pattern of vomiting, leg pain and flu's amongst our children.

We would like to advise, if your child is vomiting, according to our policy, they should not attend the school for the next 48 hours.

This time period will ensure the child recovers and will prevent other children in the school from becoming unwell.



Due to the sudden change of weather, we politely request for children to attend the school in suitable outdoor wear in the form of: a hat and sunscreen.

Please ensure your child brings a water bottle to school.



## **IDEAS FOR HEALTHY LUNCH BOXES**



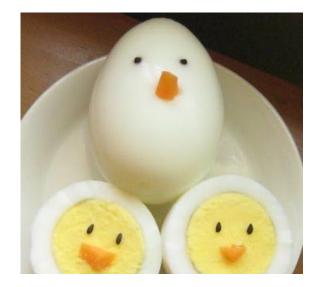
## FRUITS



## VEGETABLES







## BOILED EGGS



## BREAD

